



# ANNUAL REPORT 2018





To everyone, be you a member, volunteer, staff, part of the general public, a business (large or small), or a granter, your contributions support our clients to recover from extreme trauma, which is greatly valued and appreciated.

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If you think  
you are  
too small  
to be effective,  
you have  
never been  
in the dark  
with a mosquito

# MESSAGE *from the* CHAIRPERSON

***BIRDS SING AFTER A STORM; HWY SHOULDN'T PEOPLE  
FEEL AS FREE TO DELIGHT IN WHATEVER SUNLIGHT  
REMAINS TO THEM?*** ROSE KENNEDY

---

angelhands continued to provide support to people to recover from extreme trauma and violence. Our highlights during the year included:

- Delivering the angelhands flagship CREW4U program to 40 clients
- Providing trauma recovery services to over 241 clients
- Establishing a satellite office providing services to people in the northern suburbs
- Preparing for delivery of the Gateway Program for the Department of Justice
- Recruiting and training 25 new Trauma Recovery Angels
- Hosting five students in practicum placements
- Conducting the Guinness World Book of Records Gathering of Angels event
- Development of evaluation framework for the recruitment of Trauma

**SHARI COSGRIFF**  
CHAIRPERSON  
ANGELHANDS INC

# ABOUT *our* ORGANISATION

ANGELHANDS HAS GROWN FROM AN INFORMATION HUB FOR PEOPLE BEREAVED THROUGH HOMICIDE RUN BY CONCERNED PEOPLE, TO A PROFESSIONALISED THERAPEUTIC, EDUCATIONAL AND REFERRAL SERVICE .FOR PEOPLE RECOVERING FROM TRAUMA (RECENT OR HISTORICAL) AND THEIR FAMILY AND FRIENDS. OUR SERVICES REMAIN FREE.

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angelhands was born out of funds awarded through the Grace Vaughan Award for social justice, as a way to disseminate information in a free, timely and easily accessible way.

**\$2,000**

**2001**



A group of people bereaved through homicide started voluntarily providing mentoring and support for others who contacted angelhands

**2005**

As demand for support grew from within the community we gained funding to deliver retreats adapted from NSW Homicide Victim's Support Group's Women's and Men's Weekends and predominately delivered through volunteers.

**2007**

A small grant for peer support funding was received and it was used to compliment the outcomes of the second department of justice grant for retreats.

angelhands expanded our client group to all people affected by violence..

**2010**



Ann O'Neill completed a PhD in International Health, a philanthropic donor assisted angelhands professionalise, we got our first EO Anita Moretta and our first premises in West Leederville, WA.

**2012**

Increases in demand for services and volunteer numbers saw angelhands move to bigger offices in Maylands WA which are subsidised by the City of Bayswater and Lotterywest

angelhands broadened our service delivery to support all people to recover after trauma including violence, suicide, accident, terrorism and/or disaster.



**2018**

Our part time staff (1.3 FTE) with the support of our trauma recovery angels (and volunteer admin team) continue to refine and consolidate our services to provide innovative therapeutic trauma recovery services.

Living with PTSD you can feel so alone even when  
you are surrounded by people



"Walking into angelhands I felt like people got it and I was no  
longer alone for the first time in decades."  
Adult Survivor of Child Abuse



### **Guinness World Book of Records – Largest Gathering of Angels**

To mark World PTSD Day angelhands conducted an awareness raising event during which we attempted to break the Guinness World Book of Records for the largest gathering of angels in one place.

More than 700 people dressed as angels gathered at the Perth Convention Centre on 27 June 2018 to, increase community awareness of PTSD, reduce the stigma and increase help seeking, and build the profile of Angelhands and our services.

While not breaking the record, the event generated positive media and community interest and resulted in building a much bigger Angelhands footprint and profile.

Feedback and enthusiasm suggests next years attempt will break world records!!!

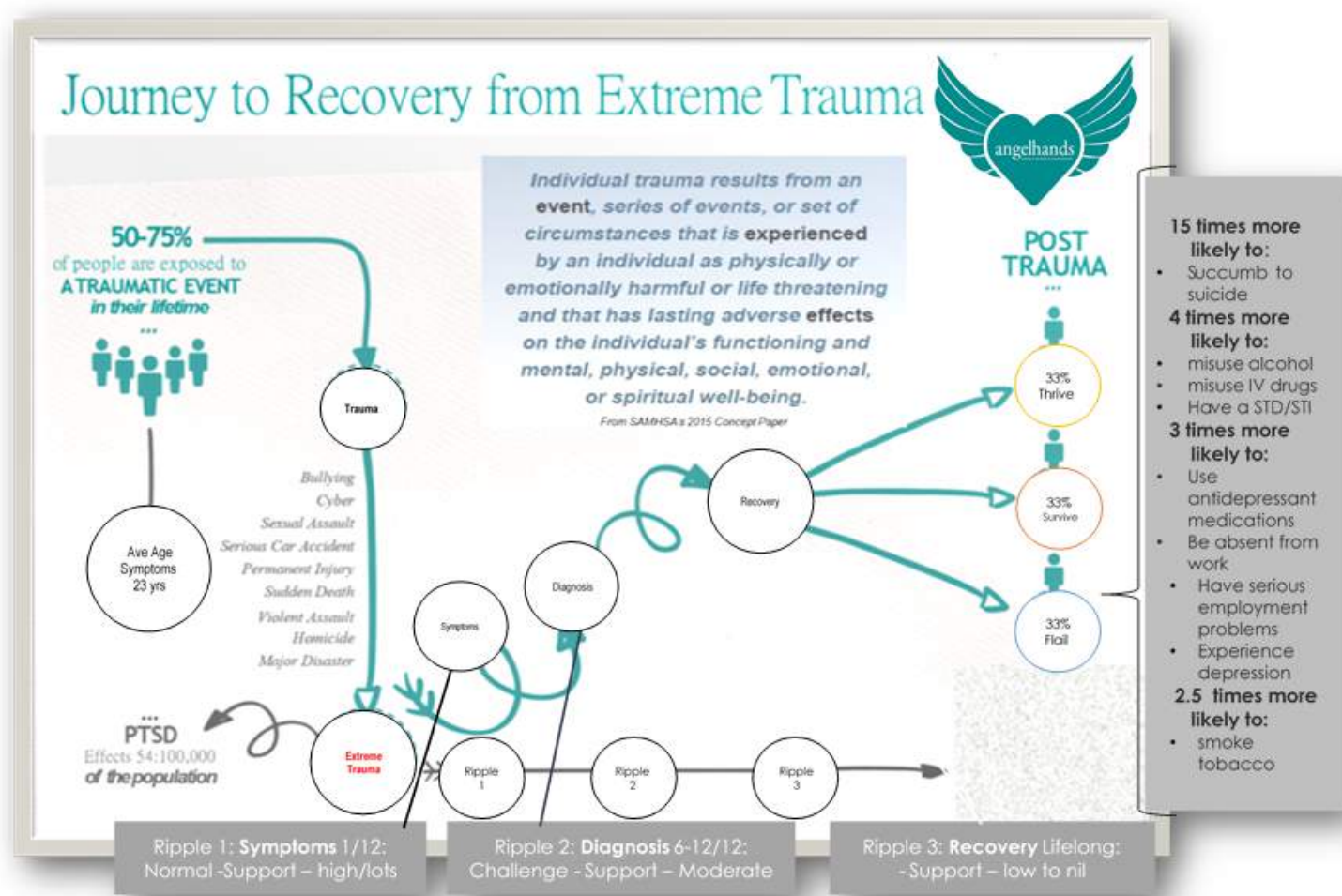


Ann O'Neill from Angelhands with some year ones from Perth College wearing angel gear. Picture: Andrew Ritchie



# angelhands Vision

To promote a society in which all traumatised people, whether Western Australian or not, are able to access the services and support they need to help them on their trauma recovery journey.



# angelhands Mission

To ensure people experiencing extreme trauma receive professional and social supports appropriate to assisting them on their recovery journey - rebuilding their resilience and enabling them to reclaim their place in society for the duration of their life journey.

# REPORT *of* WHO WE SUPPORT

***"angelhands supported 241 people including 181 new clients this financial year"***

## OUR CLIENTS

angelhands typical client is female (10% males, 88% female and 1.7% unspecified gender) aged between 20-70 years.

60 clients presented for therapeutic support after Domestic Violence, attending 137 session during which 167 hours of support was provided free by angelhands.

Of the 65% of clients whose ethnicity was recorded nearly, 60% were Non Aboriginal Australian, 15% Australian Aboriginal, and 10% British (the remaining included African, Chinese and New Zealand)

***"angelhands provided support on 1,617 occasions totaling 2,012 hours."***



### Trauma Recovery Angel Support Program

During the year 23 Trauma Recovery Angels (TRAs) provided over 1600 hours of support services to over 241 clients. Our clients are referred to angelhands through a range of different pathways including:

- Treating doctors and allied health providers
- Department of Communities
- Domestic and Family Violence service providers

- Legal services
- WA Police Force
- Victim Support Services
- Women's Referral and Information Services
- Family or friends
- Counselor
- Self-referred

### Satellite Offices – Merriwa and Alkimos

In late 2017 angelhands identified the opportunity to extend our reach to people living in the far northern suburbs. With the support of the City of Wanneroo, operating one day per week, initially in Merriwa and now Alkimos, our



Trauma Recovery Angels offers recovery support to residents living in the northern corridor. We are very grateful for generosity and support of the City of Wanneroo in accommodating us in the pop up library space. Especially Sharon who has worked closely with us.





## SERVICE DELIVERY

### GATEWAY PROGRAM

angelhands is partnering with the Department of Justice to work with young people and women who have suffered trauma and are involved in the justice system. At the heart of the program is to help deal with the impacts of trauma to assist program participants to thrive in their community settings.

This program has also been supported by Lotterywest and Minderoo

This pilot program will commence delivery early in 18/19.

### The CREW4U Program

The CREW4U Program aims to:

- Increase wellbeing for people with trauma
- Reduce risk of co-morbid conditions
- Increase engagement with peers

Over the 10-module therapeutic program people involved are able :

1. Better managing their emotions
2. Identifying self before their defining moment
3. Practicing controlling emotions and understanding inner peace
4. Reflecting on their current selves and finding peace
5. Understanding the journey, they have been on
6. Exploring self confidence
7. Looking to the future and being inspired
8. Letting go of what can't be changed

9. Self-belief and goal setting
10. Applying learning and growth to move forward

In 17/18 the CREW4U Program was delivered in four terms over 35 sessions with 40 clients participating in sessions. Participation in the program can be a powerful, life changing event for clients. The evaluation process yielded a number of participant testimonials that speak to the profound personal experiences, some of which follow:

*"this has been life-changing. I have felt numb with pain, anxiety and depression for most of my life. But Crew4U has allowed me to meet my feelings, to acknowledge them and to deal with the past. Angelhands was recommended to me by Lifeline, in a crisis moment. It was the best thing I have ever done - to call Lifeline".]*

*"This program was something that I would never have considered previously. I live my life at 100 miles an hour so the exercises were challenging to begin with, however, over the course of the program I have learned a lot about myself and the choices open to me to help me through the developing period in my life. The program has provided me with coping strategies I may not have been exposed. The Angels have been wonder and so supportive. I am extremely grateful for this opportunity and genuinely believe that it will help me moving forward". N*

*"Thank you so much to Angelhands for supporting me in my emotional journey and showing me that I am not completely broken and unfixable (sic). I am today for of hope and gratitude that healing is possible after trauma and I will survive. I take with me my tool kit and look positively to the future. Thank you with all of my heart xx." A*

# REPORT *of* AUDITOR

This is an excerpt from the Full Auditor's report - full report available upon request [treasurer@angelhands.org.au](mailto:treasurer@angelhands.org.au)



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## Independent Audit Report to the members of Angelhands Incorporated

### Report on the Audit of the Financial Report

#### Opinion

We have audited the accompanying financial report, being a special purpose financial report of Angelhands Incorporated, which comprises the statement of financial position as at 30 June 2018, the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the declaration by members of the committee.

In our opinion the financial report of Angelhands Incorporated has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (i) giving a true and fair view of the Association's financial position as at 30 June 2018 and of its financial performance for the year then ended; and
- (ii) complying with Australian Accounting Standards and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2013*.

#### Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described as in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Association in accordance with the auditor independence requirements of Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012* and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* (the code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Other Information

The association is responsible for other information. The other information comprises the information included in the association's annual report for the year ended 30 June 2018, but does not include the financial report and our auditor's report thereon.

Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

#### Emphasis of Matter - Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the Association to meet the requirements of Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

# REPORT *of* AUDITOR

## Responsibilities of Management and Those Charged with Governance

Management is responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards and Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012* and for such internal control as the management determines is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the management is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the Association or to cease operations, or have no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association's financial reporting process.

## Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the committee.
- Conclude on the appropriateness of the committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

*Greenwich & Co Audit Pty Ltd*  
Greenwich & Co Audit Pty Ltd

*Nicholas Hollens*  
Nicholas Hollens  
Managing Director

05 November 2018

Perth



# REPORT *of* FINANCES: SUMMARY

## STATEMENT OF PROFIT OF LOSS FOR THE PERIOD ENDING 30 JUNE 2018

	Note	2018 \$	2017
<b>Income</b>			
Donations received		59,227	75,939
Grant funding		101,471	19,282
Other income		37,113	30,570
<b>Total income</b>		<b>197,811</b>	<b>125,791</b>
Administrative expenses		63,966	59,545
Consultancy fees		28,073	
Depreciation		2,582	3,357
Salary and wages expense		108,244	48,842
<b>Loss before income tax</b>		<b>202,865</b>	<b>111,744</b>
<b>Net (Deficit)/Surplus for the Year</b>		<b>(5,054)</b>	<b>14,047</b>

## CONSOLIDATED STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2018

	Note	2018 \$	2017 \$
<b>ASSETS</b>			
<b>CURRENT ASSETS</b>			
Cash and cash equivalents	2	141,424	117,784
Trade and other receivables	3	570	6,914
<b>TOTAL CURRENT ASSETS</b>		<b>141,994</b>	<b>124,698</b>
<b>NON-CURRENT ASSETS</b>			
Plant and equipment	4	15,101	17,376
<b>TOTAL NON-CURRENT ASSETS</b>		<b>15,101</b>	<b>17,376</b>
<b>TOTAL ASSETS</b>		<b>157,095</b>	<b>142,074</b>
<b>LIABILITIES</b>			
<b>CURRENT LIABILITIES</b>			
Trade and other payables	5	19,491	4,594
Deferred income		-	9,997
<b>TOTAL CURRENT LIABILITIES</b>		<b>19,491</b>	<b>14,591</b>
<b>TOTAL LIABILITIES</b>		<b>19,491</b>	<b>14,591</b>
<b>NET ASSETS</b>		<b>137,604</b>	<b>127,483</b>
<b>EQUITY</b>			
Accumulated surplus		137,604	127,483
<b>TOTAL EQUITY</b>		<b>137,604</b>	<b>127,483</b>

The full financial report, including notes, is available on our website

# REPORT *of* FINANCES: SUMMARY

## STATEMENT OF CHANGES IN EQUITY FOR THE PERIOD ENDING 30 JUNE 2018

	Note	Accumulated Losses	Total
Accumulated surplus as at the beginning of the year		142,658	113,436
Net (deficit)/surplus for the year		(5,054)	29,222
Accumulated surplus at the end of the year		137,604	142,658

The accompanying notes form part of these financial statements.

## CASH FLOW STATEMENT FOR THE PERIOD ENDING 30 JUNE 2018

The full financial report, including notes, is available on our website

	Note	2018 \$	2017 \$
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>			
Receipts		212,670	129,267
Payments to suppliers and employees		(188,722)	(106,629)
<b>NET CASHFLOWS USED IN OPERATING ACTIVITIES</b>		23,947	22,638
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>			
Payments for plant and equipment		(307)	(946)
<b>NET CASHFLOWS USED IN INVESTING ACTIVITIES</b>		(307)	(946)
<b>NET INCREASE IN CASH HELD</b>		23,640	21,692
Cash at beginning of period		117,784	96,092
<b>CASH AT END OF PERIOD</b>	2	141,424	117,784

The accompanying notes form part of these financial statements.



# BOARD *of* DIRECTORS



**SHARI COSGRIFF**  
CHAIRPERSON



**BRENDON BRODIE-HALL**  
SECRETARY

NO PHOTO AVAILABLE



**AISLYN SHEPHERD**  
TREASURER

**ALLAN THOMPSON**  
BOARD DIRECTOR



**KAREN ROBERTS**  
DEPUTY CHAIRPERSON



**FIONA BARCLAY**  
BOARD DIRECTOR



**KATE VIVIAN**  
BOARD DIRECTOR



**CARRIE HANNINGTON**  
RETIRED - BOARD DIRECTOR



**State Ambassador**  
Hon. Cheryl Edwardes



**State Ambassador**  
Hon. Jim McGinty



**State Ambassador**  
Rabia Siddique



**National Ambassador**  
Jonty Bush



**ANN O'NEILL**  
FOUNDER & PATRON



**JOHN BURRELL**  
CO-FOUNDER

# OUR *top* CONTRIBUTORS

Volunteers recorded giving angelhands more than 3785 hours of their time this year (noting we haven't included the value of their use of their own resources). *80% of these volunteer hours were given to client services and 20% to administration.*

Using ABS figures the value of these recorded hours exceeds \$158,000. We note our board directors and our staff give their time too much of which is never captured or counted. Your contributions are so valuable in human and economic terms.

***Thank you to all of our volunteers, you are too numerous to name.***



*"The value of angelhands volunteer hours exceeded \$158,000"*



**JACQUELINE**  
SERVICE MANAGER



**CHRISTIANE**  
CASE COORDINATOR



**FERDINA**  
TECHNOLOGY OFFICER



**SARAH**  
ADMINISTRATION MANAGER



**JACKSON**  
GRANTS OFFICER



**TREVOR**  
ASSISTANT TREASURER

# OUR *top* SUPPORTERS



GOVERNMENT OF  
WESTERN AUSTRALIA  
Departments of Justice  
and of Local Government  
& Communities



minderoo



Rotary Club of Melville



2018 GUINNESS WORLD  
RECORD ATTEMPT, LARGEST  
GATHERING OF ANGELS

<http://bit.ly/angelhands-gwr-2018>

Not all angels wear wings ...  
Our Event Partners don't but they are angels!



**ANGELHANDS**

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[www.angelhands.org.au](http://www.angelhands.org.au)