

"The program provide a lot of support at a difficult time.
Meeting people on similar journeys and allowing myself
to open up was helpful and positive."

"A life changing experience! I always felt safe, supported and
encouraged by the Angels at angelhands. I now have the tools
to put the past behind me and be happy. - Michelle"



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A PTSD CREW 4 U

CREATIVE RECOVERY EMERGENCE WORKSHOPS

A series of workshops for those recovering from PTSD

Starting Term 4 2017 | The Rise Maylands, West Aust.